

**Newport & District Football League**  
**Result Sheet**

**Instructions**

**MICROSOFT OUTLOOK**

If you use outlook – click on the link on the Newport & District League website. Go to the Result Sheet page and download the result sheet. Complete the sheet and click on the SUBMIT button at the bottom of the form

This will send an email to your **OUT BOX**. Open up outlook click send/receive and the email will be sent to Mo Iqbal with the form attached

**WEB BASED MAIL**

If you use a Web Based email, such as Yahoo or Google, click on the link on the Newport & District League website. Go to the Result Sheet page and download the result sheet. Complete the sheet and then save the form to your desktop or documents folder. Open up your email account and compose an email to Mo Iqbal (fixtures@newport-afl.co.uk). Attach the saved file and send the email with the form attached.

You will need Adobe Reader to download the Result Sheet

Any problems telephone Bryan Reynolds 07977133271